Blue Hat Squad Entry Criteria		
Name		
Criteria	Achieved	Comment
Graded gala A time		
12 x 100m FC on 2.20 - bilateral breaths/turns		
12 x 100m IM on 2.45 - correct turns		
400m BRS legally - correct turns		
300m kick on 4 strokes		
75m BF legally		
Further notes		
Coach Signature		